

**HANCOCK COUNTY SCHOOLS
BREAKFAST – ELEMENTARY, MIDDLE & HIGH SCHOOL
SEPTEMBER – 2011**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>CEREAL, GRAHAMS & YOGURT AVAILABLE AT ALL SCHOOLS DAILY</i>			1 Cereal Blueberry Muffin Bar Milk / Juice	2 Mini Pancakes Milk / Juice
5 NO SCHOOL	6 Cereal / Grahams Milk / Juice	7 Egg Pattie & Canadian Bacon on English Muffin Milk / Juice	8 French Toast Sticks Syrup Milk / Juice	9 Cream Filled Bagel Milk / Juice
12 Cereal Low Fat Donut Milk / Juice	13 Waffles Syrup Milk / Juice	14 Bacon Scrambled Pizza Milk / Juice	15 Cereal Oatmeal Muffin Square Milk / Juice	16 Cereal Breakfast Ultra Bar Milk / Juice
19 Cereal Apple Cinnamon Muffin Milk / Juice	20 Pancake Sausage Rollup Syrup Milk / Juice	21 Egg Pattie On Homemade Biscuit Milk / Juice	22 Breakfast Pizza Milk / Juice	23 Cereal Blueberry Granola Bar Milk / Juice
26 Fruit Filled Strudel Milk / Juice	27 Waffles Syrup Milk / Juice	28 Breakfast Burrito Milk / Juice	29 Sausage/Egg Breakfast Pocket Milk / Juice	30 Cereal WW Mini Loaf Milk / Juice

"This institution is an equal opportunity provider."

**HANCOCK COUNTY SCHOOLS
ELEMENTARY LUNCH - - - SEPTEMBER - 2011**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Wheat Items, Fresh Fruit & Water Available daily All menus include ½ pt. asst. milk Menus are subject to change due to availability of food			1 WW Cheese Pizza Toss Salad/Dressing Applesauce Milk	2 Sloppy Joe on Wheat Bun Steamed Corn Baby Carrots w/Ranch Dressing Sliced Pears Milk
5 NO SCHOOL	6 Grilled Chicken Pattie on Wheat Bun w/ Lettuce Steamed Sliced Carrots Mixed Fruit Milk	7 Stuffed Crust Pepperoni Pizza Toss Salad / Dressing Sliced Peaches Milk	8 Salisbury Steak Mashed Potatoes / Gravy Spinach & Romaine Salad Wheat Roll Milk	9 Chicken Fajita in a Pita w/Lettuce, Tomato & Cheese Hearty Baked Beans Fresh Fruit Milk
12 Breaded Chicken Nuggets French Fries Fresh Vegetables w/ Dressing Sliced Pears Milk	13 <u>RAINBOW DAY</u> <u>FREE PENCIL</u> Sliced Deli Turkey on Wheat Bun Tender Green Beans Creamy Cole Slaw Diced Peaches Milk	14 Hamburger Pattie on Wheat Bun w/ Lettuce & Tomato Seasoned Lima Beans Applesauce Milk	15 Pepperoni Pizza Toss Salad / Dressing Fruit Mix Blueberry Oatmeal Cookie Milk	16 Taco in a Pita w/Lettuce, Tomato & Taco Sauce Seasoned Corn Sliced Apples in a Bag Milk
19 Breaded Chicken Pattie on Wheat Bun w/ Lettuce Mixed Vegetables Sliced Peaches Milk	20 Meatloaf Mashed Potatoes / Gravy Toss Salad / Dressing Wheat Roll Milk	21 Fish Pattie on Wheat Bun Tender Edamame Beans Cole Slaw Mixed Fruit Milk	22 Cheese Pizza Toss Salad / Dressing Applesauce Milk	23 Rotini w/ Meat Sauce Parmesan Cheese Toss Salad / Dressing Sliced Pears Bread Stick Milk
26 <u>HOCKEY DAY</u> High Sticking Fish Nuggets Slap Shot Potato Puffs Goalie Carrots & Celery Sticks Gretzky Raisins Penalty Roll Penguins Milk	27 Taco Joe on Wheat Bun Toss Salad / Dressing Seasoned Corn Fruit Mix Milk	28 Chicken Quesadillas Seasoned Lima Beans Cole Slaw Mandarin Oranges Milk	29 Roasted Chicken Tater Tots Peas & Carrots Grapes in a Bag Wheat Roll Milk	30 Stuffed Crust Cheese Pizza Toss Salad / Dressing Applesauce WW Pretzel Rod Milk

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**HANCOCK COUNTY SCHOOLS
MIDDLE SCHOOL LUNCH - - - SEPTEMBER - 2011**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Wheat Items, Fresh Fruit & Water Available daily All menus include ½ pt. asst. milk Menus are subject to change due to availability of food			1 WW Cheese Pizza Toss Salad / Dressing Macaroni Salad Watermelon slices Applesauce Cup Milk	2 Sloppy Joe on Wheat Bun Corn Steamed Rice w/ Vegetables Baby Carrots w/ Ranch Dressing Pear halves Milk
5 NO SCHOOL	6 Grilled Chicken Pattie on Wheat Bun w/ Lettuce Seasoned Potato Wedges Steamed Sliced Carrots Mixed Fruit Cup Milk	7 Stuffed Crust Pepperoni Pizza Toss Salad / Dressing Citrus Salad Cinnamon Apples Sliced Peaches Banana Bread Milk	8 Salisbury Steak Mashed Potatoes / Gravy Spinach & Romaine Salad California Blend w/ Cheese Pineapple Cup Wheat Roll Milk	9 Chicken Fajita in a Pita w/ Lettuce, Tomato & Cheese Baked Potato Bar Vegetarian Beans Applesauce Cup Milk Sandwich Platter
12 Breaded Chicken Nuggets Wheat Roll French Fries Fresh Vegetable Broccoli w/ Cheese Sauce Sliced Pears Chicken Noodle Soup Milk	13 BBQ Rib on WW Hoagie Bun OR Ham/Turkey Sub Sandwich Toss Salad / Dressing Seasoned Green Beans Diced Peach Cup Milk	14 <u>National Cheeseburger Day</u> Cheeseburger on Wheat Bun w/ Lettuce & Tomato Fiesta Rice Seasoned Lima Beans Applesauce Cup Milk Chefs	15 Pepperoni Pizza Toss Salad / Dressing Pasta Salad Mixed Fruit Cup Blueberry Cookie Milk	16 Taco in a Pita w/ Lettuce, Tomato, Cheese & Sour Cream Seasoned Corn Baked Potato Bar Sliced Apples in a Bag Milk
19 Breaded Chicken Pattie on Wheat Bun w/ Lettuce Mixed Vegetable w/Cheese Sauce Sweet Potato Fries Sliced Peaches Beef Noodle Soup Milk	20 Meatloaf OR BBQ Pork on Bun Mashed Potatoes / Gravy Toss Salad / Dressing Pineapple Cup Whole Grain White Bread Milk	21 Fish Pattie on Wheat Bun OR Egg Rolls Tender Edamame Beans Garden Blend Rice Cole Slaw Stir Fry Vegetables Mixed Fruit Cup Milk Chefs	22 Cheese Pizza Toss Salad / Dressing Broccoli Salad Citrus Salad Applesauce Cup Milk	23 Rotini w/ Meat Sauce Toss Salad / Dressing Peas & Carrots Sliced Pears Bread Stick Milk
26 Fish Nuggets OR Philly Steak Hoagie w/ Cheese Tri Taters Carrot & Celery Sticks Pineapple Cup Beef Vegetable Soup Milk	27 Taco Joe on Wheat Bun OR Spicy Chicken Pattie on Wheat Bun Toss Salad / Dressing Seasoned Corn Mixed Fruit Cup Milk	28 Chicken Quesadillas/ Sour Cream Spanish Rice Seasoned Lima Beans Cole Slaw Mandarin Orange Cup Milk Chefs	29 Roasted Chicken Tater Tots Wheat Roll Black & Gold Vegetable Melody Grapes in a Bag Milk	30 Stuffed Crust Cheese Pizza Toss Salad w/ Dressing Potato Salad Tropical Fruit Salad Applesauce Cup Pretzel Rod Milk

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**HANCOCK COUNTY SCHOOLS
HIGH SCHOOL LUNCH - - - SEPTEMBER -2011**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Wheat Items, Fresh Fruit & Water Available daily All menus include ½ pt. asst. milk Menus are subject to change due to availability of food			1 WW Cheese Pizza OR Bologna & Cheese on Wheat Bun Toss Salad / Dressing Macaroni Salad Watermelon Slices Applesauce Cup Milk	2 Sloppy Joe on Wheat Bun OR WW Chicken Supreme Casserole Steamed Rice with Vegetables Seasoned Corn Baby Carrots w/ Ranch Dressing Pear Halves Milk
5 NO SCHOOL	6 Grilled Chicken Pattie on Wheat Bun w/ Lettuce OR Burrito w/ Sour Cream Seasoned Potato Wedges Mixed Fruit Cup Milk	7 Stuffed Crust Pepperoni Pizza OR Cheese on Pretzel Bun Toss Salad / Dressing Cinnamon Apples Citrus Salad Sliced Peaches Banana Bread Milk	8 Salisbury Steak /Wheat Roll OR Deli Turkey in a Wrap w/ Cheese Mashed Potatoes / Gravy Spinach & Romaine Salad California Blend w/ Cheese Pineapple Cup Milk	9 Chicken Fajita in a Pita w/ Lettuce, Tomato, Cheese & Sour Cream OR Chicken Over Biscuit Baked Potato Bar Vegetarian Beans Applesauce Cup Milk
12 Breaded Chicken Nuggets OR Cook's Choice French Fries Broccoli w/ Cheese Sauce Sliced Pears Wheat Roll Milk Chicken Noodle Soup	13 BBQ Rib on WW Hoagie Bun OR Ham/Turkey Sub Sandwich Toss Salad / Dressing Seasoned Green Beans Cole Slaw Diced Peach Cup Milk	14 <u>National Cheeseburger Day</u> Cheeseburger on Wheat Bun w/ Lettuce & Tomato OR Ravioli w/ Marinara Sauce Fiesta Rice Seasoned Lima Beans Applesauce Cup Milk	15 Pepperoni Pizza OR Cheese on Pretzel Bun Toss Salad / Dressing Pasta Salad Mixed Fruit Cup Blueberry Cookie Milk	16 Taco in a Pita w/ Lettuce, Tomato & Cheese / Sour Cream OR BBQ Pulled Pork on Wheat Bun Seasoned Corn Baked Potato Bar Sliced Apples in a Bag Milk
19 Breaded Chicken Pattie on Wheat Bun w/ Lettuce OR Cheese Quesadillas / Sour Cream Mixed Vegetable w/Cheese Sauce Sweet Potato Fries Sliced Peaches Milk Beef Noodle Soup	20 Meatloaf OR BBQ Pork on Bun Mashed Potatoes / Gravy Toss Salad / Dressing Pineapple Cup Whole Grain White Bread Milk	21 Fish Pattie on Wheat Bun OR Egg Rolls Tender Edamame Beans Garden Blend Rice Cole Slaw Stir Fried Vegetables Mixed Fruit Cup Milk Sandwich Platter	22 Cheese Pizza OR Ham & Cheese on Wheat Bun Toss Salad / Dressing Broccoli Salad Citrus Salad Applesauce Cup Milk	23 Rotini w/ Meat Sauce/Bread Stick OR Roast Beef & Cheese on Wheat Bun Toss Salad / Dressing Peas and Carrots Sliced Pears Milk
26 Fish Nuggets OR Philly Steak Hoagie w/ Cheese, Peppers & Onions Tri Taters Carrot and Celery Sticks Pineapple Cup Milk Beef Vegetable Soup	27 Taco Joe on Wheat Bun OR Spicy Chicken Pattie on Wheat Bun Toss Salad / Dressing Seasoned Corn Mixed Fruit Cup Milk	28 Chicken Quesadillas/ Sour Cream OR Taco Pie Spanish Rice Lima Beans w/ Cheese Cole Slaw Mandarin Orange Cup Milk	29 Roasted Chicken OR Tuna Noodle Casserole Tater Tots Black & Gold Vegetable Melody Grapes in a Bag Wheat Roll Milk	30 Stuffed Crust Cheese Pizza OR Turkey Bologna & Cheese on Wheat Bun Potato Salad Tropical Fruit Salad Applesauce Cup Pretzel Rod Milk

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