

**HANCOCK COUNTY SCHOOLS
BREAKFAST MENU – ELEMENTARY, MIDDLE & HIGH SCHOOLS**

MARCH - - 2010

MARCH – 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cereal Blueberry Muffins Milk / Juice	2 French Toast Sticks Syrup Milk / Juice	3 Sausage Breakfast Pizza Milk / Juice	4 Egg Omelet w. Biscuit Milk / Juice	5 Creamed Filled Bagel Milk / Juice
N A T I O N A L	S C H O O L	B R E A K	F A S T	W E E K
8 Cereal Low Fat Donut Milk / Juice	9 Waffles / Syrup Milk / Juice	10 Bacon Scrambled Pizza Milk / Juice	11 Sausage Pattie With Biscuit Milk / Juice	12 Cereal Cherry Oatmeal Muffin Sq. Milk / Juice
15 Cereal Mini Loaf Milk / Juice	16 Pancake Sausage Rollup Syrup Milk / Juice	17 St. Patrick's Day Giveaway Day Egg Pattie w. Canadian Bacon On English Muffin Milk / Juice	18 French Toast / Syrup Milk / Juice	19 Cereal Blueberry Breakfast Bar Milk / Juice
22 Cereal Apple Cinnamon Muffin Milk / Juice	23 Pancakes Syrup Milk / Juice	24 Sausage Links w. Biscuit Milk / Juice	25 Cook's Choice Milk / Juice	26 Breakfast Wrap Milk / Juice
29 Cereal Cinnamon Stick Milk / Juice	30 Egg Pattie w. Biscuit Milk / Juice	31 Sausage Bkft. Bagel Milk / Juice		CEREALS, GRAHAMS & YOGURT AVAILABLE AT ALL SCHOOLS DAILY

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**HANCOCK COUNTY SCHOOLS
ELEMENTARY LUNCH
MARCH – 2010**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <u>READING</u> Hamburger Pattie w. Lettuce on Wheat Bun French Fries Mixed Fruit Milk	2 <u>AWARENESS</u> Chili Toss Salad / Dressing Sliced Pears Wheat Roll Milk	3 <u>WEEK</u> Deli Turkey on Wheat Bun Green Beans Cole Slaw Sliced Apples in Bag Milk	4 READING AWARENESS DAY <u>FREE GIVEAWAY</u> Chicken Nuggets Smile Fries Baby Carrots w. Ranch Dressing Diced Peach Cups Milk	5 Stuffed Crust Cheese Pizza Toss Salad / Dressing Applesauce Graham Snack Milk
8 Chicken Fries Lima Beans Fresh Fruit Wheat Roll Milk	9 Meatball Hoagie w. Cheese Toss Salad / Dressing Sliced Peaches Milk	10 <u>NATL. NUTRITION MONTH</u> <u>NUTRITION ERASER GIVEAWAY</u> Ham on Wheat Bun Potato Wedges Cole Slaw Cinnamon Apples Milk	11 Stuffed Crust Pepperoni Pizza Toss Salad / Dressing Mixed Fruit Milk	12 Fish Shaped Nuggets Macaroni and Cheese Celery Sticks Strawberry Cups Milk
15 Grilled Chicken Pattie on Wheat Bun w. Shredded Lettuce Tater Tots Raisins Milk	16 Meatloaf Mashed Potatoes / Gravy Toss Salad / Dressing Wheat Roll Milk	17 <u>ST. PATRICK'S DAY</u> Whole Wheat Corn Dog Baked Beans Baby Carrots Applesauce Pretzel Milk	18 Taco Joe on Wheat Bun French Fries Corn on Cob Grapes in Bag Milk	19 Cheese Pizza Toss Salad / Dressing Diced Pears Whole Wheat Cookie Milk
22 Cheese Quesadillas / Taco Sauce Succotash Fresh Fruit Milk	23 Breaded Chicken Pattie on Wheat Bun w. Lettuce & Tomato Tri Tater Diced Peach Cup Milk	24 Pepperoni Pizza Toss Salad / Dressing Applesauce Milk	25 Spaghetti w. Meatsauce Parmesan Cheese Toss Salad / Dressing Sliced Pears Wheat Roll Milk	26 Fish Pattie on Wheat Bun Green Beans Cole Slaw Fruit Cocktail Milk
29 Hot Dog on Bun Potato Puffs Baked Beans Fresh Fruit Milk	30 Taco in a Shell w. Lettuce, Tomato and Cheese / Taco Sauce Corn Mixed Fruit Milk	31 Stuffed Crust Pepperoni Pizza Toss Salad / Dressing Applesauce Blueberry Cookie Milk		Wheat Items & Fresh Fruit Available daily 8 Oz. Water – 20 Cents All menus include ½ pt. asst. milk Menus are subject to change due to availability of food

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**HANCOCK COUNTY SCHOOLS
MIDDLE SCHOOL LUNCH
MARCH - 2010**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cheeseburger on Wheat Bun w. Shredded Lettuce French Fries California Blend w. cheese Mixed Fruit Cup Milk / Juice Beef Noodle Soup	2 Chili or Spicy Chicken Pattie on Wheat Bun Baked Potato Bar Toss Salad / Dressing Sliced Pears, Corn Bread Milk / Juice	3 Chicken Quesadillas / Sour Cream Seasoned Fries Green Beans Cole Slaw Sliced Apples in a Bag Milk / Juice Chefs	4 Chicken Nuggets / Wheat Roll Macaroni and Cheese Baby Carrots w. Ranch Dressing Diced Peach Cups Graham Snack Milk / Juice	5. Stuffed Crust Cheese Pizza Toss Salad / Dressing Fruit Salad Broccoli Salad, Applesauce Cup Blueberry Bread Milk / Juice
8 Chicken Fries / Wheat Roll Baked Potato Bar Lima Beans Pineapple Chunks Turkey Noodle Soup Milk / Juice	9 Meatball Hoagie w. Cheese Toss Salad / Dressing Corn on Cob Sliced Peaches Milk / Juice	10 Deli Turkey / Ham Sub w. Lettuce, Tomato & Cheese OR Beef Hoagie w. cheese Potato Wedges Cole Slaw Cinnamon Apples Milk / Juice Chefs	11 Stuffed Crust Pepperoni Pizza Toss Salad / Dressing Macaroni Salad Tropical Fruit Salad Berry Applesauce Cup Milk / Juice	12 Fish Sticks OR Max Wraps / Sour Cream Macaroni & Cheese Celery Sticks Peas and Carrots Strawberry Cups Milk / Juice
15 Grilled Chicken Pattie on Wheat Bun w. Lettuce OR Cheese on Pretzel Bun Tater Tots Broccoli w. Cheese Mixed Fruit Cup Milk / Juice Chicken Noodle Soup	16 Meatloaf / Wheat Roll OR Deli Turkey in Pita w. Cheese Mashed Potatoes / Gravy Toss Salad / Dressing Pineapple Chunks Milk / Juice	17 Whole Wheat Corn Dog Potato Salad Baked Beans Baby Carrots Mandarin Orange Cup Milk / Juice Chefs	18 Taco Joe on Wheat Bun OR Cream Chicken over Biscuit French Fries Corn on Cob Mixed Fruit Milk / Juice	19 Cheese Pizza Toss Salad / Dressing Cuke and Tomato Salad Fruit Salad Diced Pear Cup Whole Wheat Cookie Milk / Juice
22 Cheese Quesadillas, Taco Sauce & Sour Cream Spanish Rice Succotash Fresh Vegetables Applesauce Cup Milk / Juice Broccoli Soup	23 Breaded Chicken Pattie on Wheat Bun w. Lettuce & Tomato Tri Taters Mixed Vegetables w. Cheese Sauce Diced Peach Cups Milk / Juice	24 Pepperoni Pizza Toss Salad / Dressing Pasta Salad Cinnamon Apples Cookie Milk	25 Spaghetti w. Meatsauce & Breadstick Toss Salad / Dressing California Blend w. Cheese Sliced Pears Milk / Juice	26 Fish Pattie on Wheat Bun OR Egg Rolls / Sauces Garden Blend Rice Green Beans Cole Slaw Fruit Cocktail Milk / Juice Chefs
29 Hot Dog on Wheat Bun w. Chili Sauce / Condiments or Cook's Choice Potato Puffs Baked Beans Pineapple Chunks Milk / Juice Beef Vegetable Soup	30 Taco with 2 Shells w. Lettuce, Tomato & Cheese / Sour Cream Rice Pilaf Corn Mixed Fruit Cup Milk / Juice	31 Stuffed Crust Pepperoni Pizza Toss Salad / Dressing Cinnamon Apples Tropical Fruit Salad Diced Peach Cups Blueberry Cookie Milk / Juice		Wheat Items & Fresh Fruit Available daily 2-6 Oz. Yogurt = Entrée 16 Oz. Water – 50 Cents All menus include ½ pt. asst. milk Menus are subject to change due to availability of food

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**HANCOCK COUNTY SCHOOLS
HIGH SCHOOL – LUNCH**

MARCH – 2010

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cheeseburger or Chicken Teriyaki Pattie on Wheat Bun w. Shredded Lettuce French Fries, Mixed Fruit Cup California Blend w. Cheese Milk / Juice Beef Noodle Soup	2 Chili w. Tortilla Chips or Spicy Chicken Pattie on Wheat Bun Baked Potato Bar Toss Salad / Dressing Sliced Pears, Corn Bread Milk / Juice Chefs	3 Chicken Quesadillas / Sour Cream OR Pulled Pork on Wheat Bun Seasoned Fries Green Beans, Cole Slaw Sliced Apples in a Bag Milk / Juice	4 Chicken Nuggets / Wheat Roll OR Cook's Choice Macaroni and Cheese Baby Carrots w. Ranch Dressing Diced Peach Cups, Graham Snack Milk / Juice Chefs	5. Stuffed Crust Cheese Pizza OR Turkey & Cheese on Wheat Bun Toss Salad / Dressing Fruit Salad, Applesauce Cup Broccoli Salad, Blueberry Bread Milk / Juice Soup of Day
8 Chicken Fries / Wheat Roll OR Cook's Choice Baked Potato Bar Lima Beans Pineapple Chunks Turkey Noodle Soup Milk / Juice	9 Meatball Hoagie w. Cheese OR Turkey Noodle Casserole Toss Salad / Dressing Corn on Cob Sliced Peaches Milk / Juice Chefs	10 Deli Turkey / Ham Sub w. Lettuce, Tomato & Cheese OR Beef Hoagie w. Cheese, Peppers & Onions Potato Wedges, Cole Slaw Cinnamon Apples Milk / Juice	11 Stuffed Crust Pepperoni Pizza OR Turkey Bologna, Cheese on Wheat Bun Toss Salad / Dressing Macaroni Salad Tropical Fruit Salad Berry Applesauce Cup Milk / Juice Soup of Day	12 Fish Sticks OR Max Wraps / Sour Cream Macaroni & Cheese Celery Sticks Peas and Carrots Strawberry Cups Milk / Juice
15 Grilled Chicken Pattie on Wheat Bun w. Lettuce OR Cheese on Pretzel Bun Tater Tots Broccoli w. Cheese Mixed Fruit Cup Milk / Juice Chicken Noodle Soup	16 Meatloaf / Wheat Roll OR Deli Turkey in Pita w. Cheese Mashed Potatoes / Gravy Toss Salad / Dressing Pineapple Chunks Milk / Juice Chefs	17 Whole Wheat Corn Dog OR Taco Pie / Wheat Roll Potato Salad Baked Beans Baby Carrots Mandarin Orange Cup Milk / Juice	18 Taco Joe on Wheat Bun OR Cream Chicken over Biscuit French Fries Corn on Cob Mixed Fruit Milk / Juice Chefs	19 Cheese Pizza OR Ham & Cheese on Wheat Bun Toss Salad / Dressing Cuke and Tomato Salad Fruit Salad, Diced Pear Cup Whole Wheat Cookie Milk / Juice Soup of Day
22 Cheese Quesadillas, Taco Sauce & Sour Cream OR Cook's Choice Spanish Rice Succotash Fresh Vegetables Applesauce Cup Milk / Juice Broccoli Soup	23 Breaded Chicken Pattie on Wheat Bun w. Lettuce & Tomato OR Raviolis Tri Taters Mixed Vegetables w. Cheese Sauce Diced Peach Cups Milk / Juice Chefs	24 Pepperoni Pizza Or Turkey & Cheese on Wheat Bun Toss Salad / Dressing Pasta Salad Cinnamon Apples Cookies Milk Soup of Day	25 Spaghetti w. Meatsauce & Breadstick OR Roast Beef and Cheese on Wheat Bun Toss Salad / Dressing California Blend w. Cheese Sliced Pears Milk / Juice Chefs	26 Fish Pattie on Wheat Bun OR Egg Rolls / Sauces Garden Blend Rice Green Beans Cole Slaw Fruit Cocktail Milk / Juice
29 Hot Dog on Wheat Bun w. Chili Sauce / Condiments or BBQ Pulled Pork on Wheat Bun Potato Puffs Baked Beans Pineapple Chunks Milk / Juice Beef Vegetable Soup	30 Taco with 2 Shells w. Lettuce, Tomato & Cheese / Sour Cream OR Chicken Fajitas w. Tortilla Wrap, Lettuce, Tomato & cheese Rice Pilaf, Corn Mixed Fruit Cup Milk / Juice Chefs	31 Stuffed Crust Pepperoni Pizza OR Turkey & Cheese on Wheat Bun Toss Salad / Dressing Cinnamon Apples Tropical Fruit Salad Diced Peach Cups, Blueberry Cookie Milk / Juice		Wheat Items & Fresh Fruit Available daily 2-6 Oz. Yogurt = Entrée 16 Oz. Water – 50 Cents All menus include ½ pt. asst. milk Menus are subject to change due to availability of food

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